

Constructing an Adaptive Care Model for the Management of Disease-Related Symptoms Throughout the Course of Multiple Sclerosis

Stage A & C Sample Data Collection Form

Instructions: Review a minimum of 20 patient charts (or another number determined to be appropriate) from patients most recently admitted, and complete this Data Collection Form, one form per patient chart. This form and the questions included can be customized to meet your needs. The questions relating to specific performance measures are identified (*) other questions are included to provide additional information should you be interested in analyzing it.

1. Patient ID (assign a unique identifier to help you track, should you need to review the patient chart at a later time)

2. Gender

Male Female

3. Age

- Under 20
- 21-30
- 31-40
- 41-50
- 51-60
- 61-70
- 71-80
- 80+

4. Ethnicity

- African American
- Asian
- Caucasian
- Latino/Hispanic
- Other

Constructing an Adaptive Care Model for the Management of Disease-Related Symptoms Throughout the Course of Multiple Sclerosis

5. Date of first visit (mm/yyyy)

6. Date of MS diagnosis (mm/yyyy)

* 7. Has the patient been assessed for symptoms of DEPRESSION?

Yes No

8. Was the patient assessed for depression at first visit?

Yes No NA (not available)

9. How were the patient's depression symptoms assessed? (check all that apply)

- Two-question screening test
- Beck Depression Inventory (BDI)
- Patient Health Questionnaire (PHQ-9)
- Other: _____

* 10. Was a diagnosis of depression made?

Yes No

(If you answered "No" for this patient, please skip to question #16)

* 11. Is there a documented care plan for managing the patient's depression?

Yes No

12. If yes, what is included in the care plan? (check all that apply)

- Psychiatric Referral
- Pharmacotherapy (single medication)
- Pharmacotherapy (more than one medication)

13. Is there documented periodic assessment of effectiveness of depression management?

Yes No

Constructing an Adaptive Care Model for the Management of Disease-Related Symptoms Throughout the Course of Multiple Sclerosis

14. Were assessments made at every visit?

Yes No

15. Was there a change in medication or dose based on the reassessment?

Yes No

* 16. Has the patient been assessed for symptoms of FATIGUE?

Yes No

17. Was the patient assessed for fatigue at first visit?

Yes No NA (not available)

18. How were the patient's fatigue symptoms assessed? (check all that apply)

- Patient detailed history
- Krupp's Fatigue Severity Scale (FSS)
- Modified Fatigue Impact Scale (MFIS)
- Other: _____

* 19. Were fatigue symptoms recorded for this patient?

Yes No

(If you answered "No" for this patient, please skip to question #27)

* 20. Is there a documented care plan for managing the patient's fatigue?

Yes No

21. If yes, what is included in the care plan? (check all that apply)

- Behavioral Modification (eg, pacing or relaxation)
- Pharmacotherapy (single medication)
- Pharmacotherapy (more than one medication)
- Other

Constructing an Adaptive Care Model for the Management of Disease-Related Symptoms Throughout the Course of Multiple Sclerosis

22. Is there documented periodic assessment of effectiveness of fatigue management?

Yes No

23. Were assessments made at every visit?

Yes No

24. Has the plan been modified based on reassessment of the patient's fatigue?

Yes No

25. Was there a change in non-pharmacologic therapy based on the reassessment?

Yes No

26. Was there a change in medication or dose based on the reassessment?

Yes No

* 27. Has the patient been assessed for MOBILITY IMPAIRMENTS/FALLS?

Yes No

28. If yes, was the patient's mobility assessed at first visit?

Yes No NA (not available)

29. How was the patient's mobility assessed? (check all that apply)

- Neurological Exam
- Expanded Disability Status Scale (EDSS)
- 12-item MS walking scale (MSWS-12)
- Timed 25-foot walk test
- Other: _____

Constructing an Adaptive Care Model for the Management of Disease-Related Symptoms Throughout the Course of Multiple Sclerosis

30. Which level of ambulation was recorded for the patient?

- Requires no assistance
- Requires minimal assistance (eg, handrail)
- Requires cane or walker
- Requires wheelchair or scooter
- No ambulation level recorded

* 31. Were mobility impairments/falls recorded for this patient?

- Yes No

(If you answered "No" for this patient, please skip to question #39)

* 32. Is there a documented care plan for managing the patient's mobility impairments?

- Yes No

33. If yes, what is included in the care plan? (check all that apply)

- Physical therapy/rehabilitation
- Pharmacotherapy (single medication)
- Pharmacotherapy (more than one medication)

34. Is there documented periodic assessment of effectiveness of mobility management?

- Yes No

35. Were assessments made at every visit?

- Yes No

36. Has the plan been modified based on reassessment of the patient's mobility?

- Yes No

37. Was there a change in non-pharmacologic therapy based on the reassessment?

- Yes No

Constructing an Adaptive Care Model for the Management of Disease-Related Symptoms Throughout the Course of Multiple Sclerosis

38. Was there a change in medication or dose based on the reassessment?

Yes No

* 39. Has the patient been assessed for symptoms of SPASTICITY?

Yes No

40. If yes, was the patient assessed for spasticity at first visit?

Yes No NA (not available)

41. How were the patient's spasticity symptoms assessed? (check all that apply)

- Ashworth or Modified Ashworth score
- Neurological Exam
- Other: _____

* 42. Were spasticity symptoms recorded for this patient?

Yes No

(If you answered "No" for this patient, stop here)

* 43. Is there a documented care plan for managing the patient's spasticity symptoms?

Yes No

44. If yes, what is included in the care plan? (check all that apply)

- Physical therapy/rehabilitation
- Pharmacotherapy (single medication)
- Pharmacotherapy (more than one medication)

45. Is there documented periodic assessment of effectiveness of spasticity management?

Yes No

46. Were assessments made at every visit?

Yes No

Constructing an Adaptive Care Model for the Management of Disease-Related Symptoms Throughout the Course of Multiple Sclerosis

47. Has the plan been modified based on reassessment of the patient's spasticity?

Yes No

48. Was there a change in non-pharmacologic therapy based on the reassessment?

Yes No

49. Was there a change in medication or dose based on the reassessment?

Yes No

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Throughout the Course of Multiple Sclerosis
Performance Measures and Calculation Instructions**

Measure #	Symptom	Performance Measure	Numerator	Numerator Calculation	Denominator	Denominator Calculation
I	Depression	Percentage of MS patients with documented assessment	Number with documented assessment for depression	Numerator = total number of "Yes" responses to Question 7	All residents	Denominator = total number of patient charts reviewed
II		Percentage of MS patients with documented care plan	Number with documented care plan for managing depression	Numerator = total number of "Yes" responses to Question 11	All residents with documented diagnosis of depression	Denominator = total number of "Yes" responses to Question 10
III	Fatigue	Percentage of MS patients with documented assessment	Number with documented assessment for fatigue	Numerator = total number of "Yes" responses to Question 16	All residents	Denominator = total number of patient charts reviewed
IV		Percentage of MS patients with documented care plan	Number with documented care plan for managing fatigue	Numerator = total number of "Yes" responses to Question 20	All residents with documented fatigue symptoms	Denominator = total number of "Yes" responses to Question 19
V	Mobility Impairment/ Falls	Percentage of MS patients with documented assessment	Number with documented assessment for mobility impairments/falls	Numerator = total number of "Yes" responses to Question 27	All residents	Denominator = total number of patient charts reviewed
VI		Percentage of MS patients with documented care plan	Number with documented care plan for managing mobility impairments	Numerator = total number of "Yes" responses to Question 32	All residents with documented mobility impairment/falls	Denominator = total number of "Yes" responses to Question 31
VII	Spasticity	Percentage of MS patients with documented assessment	Number with documented assessment for symptoms of spasticity	Numerator = total number of "Yes" responses to Question 39	All residents	Denominator = total number of patient charts reviewed
VIII		Percentage of MS patients with documented care plan	Number with documented care plan for managing spasticity	Numerator = total number of "Yes" responses to Question 43	All residents with documented spasticity symptoms	Denominator = total number of "Yes" responses to Question 42

Source: Cheng et al. Quality indicators for MS. Multiple Sclerosis. 2010;16(8):970-980.